

Minatamis na saba

INGREDIENTS

1 piling na saba
5 liters of water
1/4 kg of brown sugar
1 tsp vanilla extract

DIRECTIONS

Peel the saba
Cut in half

In a casserole, boil 5 liters of water
When it is boiling, add the sugar and stir until it is dissolved
Add Vanilla
Add the sliced saba and cook for 1 hour

